



The Year That Was

Annual Highlights



June 2020- 2021

SAMVAD

Support, Advocacy & Mental health interventions for children in Vulnerable circumstances And Distress
(A National Initiative & Integrated Resource for Child Protection, Mental Health, & Psychosocial Care)

Dept. of Child and Adolescent Psychiatry

National Institute of Mental Health & NeuroSciences (NIMHANS), Bangalore

Supported by Ministry of Women & Child Development, Government of India





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Message from Hon'ble Minister Smriti Zubin Irani



स्मृति जूबिन इरानी
Smriti Zubin Irani



मंत्री
महिला एवं बाल विकास
भारत सरकार
नई दिल्ली
Minister
Women & Child Development
Government of India
New Delhi

Message

Children are the ambassadors of our civilisation to the future as they carry the weight of hopes & aspirations of an entire generation of their forbearers. In helping them grow to their full potential, we secure growth and development of our society in the years to come. Therefore it is necessary to provide them a healthy & happy childhood with adequate opportunities for their comprehensive development. It is equally important to ensure a positive ecosystem for their physical and emotional wellbeing.

Anxiety and stress are some of the unavoidable aspects of life, which children need to deal with equanimity. Children in difficult circumstances deserve special attention of the State as well as society. The law mandates a safety net of service delivery structures and facilities for care and protection of these children. However, it is extremely necessary to maintain the quality of service delivery and infuse positivity in the system.

SAMVAD was conceptualised with the intent of addressing the mental health concerns of vulnerable children as well as their caregivers, so as to catalyse catharsis, develop confidence and build emotional resilience in the children. It is an initiative, first of its kind, which aims to bridge the gap between the need for addressing mental health and psychosocial concerns and the limited availability of mental health services in respect of Child Protection domain. I am happy to note that in the past one year, SAMVAD has been able to reach out to a large number of children and trained considerable number of duty holders in mental health and psycho social care aspect while dealing with children.

I appreciate NIMHANS for joining hands with Ministry of Women and Child Development for this unique convergence in the interest of the Children of India. It is my pleasure to congratulate team SAMVAD, on the successful completion of their first year—and I look forward to an abundance of support to the children of our Nation.


(Smriti Zubin Irani)

From SAMVAD's Desk

There are myriad contexts in which child mental health and protection issues play out...at home, in parental marital conflict and domestic violence; through experiences such as child abuse; in the street where children fight for survival or are orphaned and abandoned; in contexts of illness, most recently in the COVID pandemic, but also in chronic illness situations of HIV and Cancer. In effect, the experiential context of childhood trauma itself encompasses multiple spaces, of natural and man-made disasters, pandemics, death and dying, terminal illness, attempted suicide and suicide accidents, disfigurement, loss of limb, child trafficking, child sexual abuse, family and school problems. There are also the unique contexts of institutionalized children, (young) children who may be orphaned and abandoned, children in adoption and foster care, children in conflict with the law, and those with disability... a newly emerging category known as 'COVID orphans'... the list goes on, whether we adopt context/experience or person-specific approaches, to understanding and categorizing children's vulnerabilities and risks.

Child mental health thus does not lie in textbooks of psychiatry, but out there in the community... in streets, in homes and families, in childcare institutions, in schools... and it is reflected in books, music, theatre, and art. There are always red flags and indicators that our children are suffering—we may recognize them, we may not. Contrary to previous thinking, the landscapes of child mental health cannot, therefore, be restricted to clinical practice, for they are far more varied and extensive. For every child who manages to reach a tertiary care facility, there are thousands of others who do not manage to reach services, despite being in need of them.

What then is the role of child mental health professionals? And what methodologies should mental health professionals use in these contexts? While the child mental health and protection fraternity has increasingly recognized these needs and concerns, there has been, in recent years, an imperative to consolidate actions and activities in this regard.

Locating interventions within a single domain or discipline, protection, law or psychiatry, however, results in unmet psychosocial and mental health care needs in a child. The vulnerabilities and risks that many children in difficult circumstances are exposed to, necessitate support that integrate protection, legal and mental health interventions.



And this requires professionals and duty-bearers within each of these domains to be capacitated not only in their respective domains, on child-related issues, but also to be equipped with an understanding of other domains and systems, so that a given child may receive a 360-degree assessment and intervention package. For instance, due justice may be delivered only if child mental health professionals support sexually abused children through court processes, and judicial personnel take cognizance of child mental health and trauma issues in eliciting and appreciating evidence; or children in conflict with the law will have access to rehabilitative and reformative interventions only if the Juvenile Justice Board is assisted to recognize the protection and mental health vulnerabilities that led the child to problem behaviours; or children who are orphaned, abandoned or runaway will be appropriately placed only if Child Welfare Committees and Child Care Institution staff are enabled to conduct systematic assessments to identify and analyze family factors, psychosocial issues and individual children's needs and concerns.

It is in recognition of such complex needs and concerns, that the Department of Child & Adolescent Psychiatry, NIMHANS, with the support of the Ministry of Women and Child Development, Government of India, initiated SAMVAD in June 2020. Predicated on the extensive, robust community-based child and adolescent protection and mental health service interventions that the Dept. of Child and Adolescent Psychiatry has been previously engaged in, SAMVAD has, in a relatively short duration, and despite the challenges of the COVID pandemic, expanded to nearly all states in the country. Its work has encompassed a range of activities: from training and capacity building of various cadres of child protection functionaries and judicial personnel, school teachers and mental health service providers to tele-mentoring services to mentor child helpline and child care institution service providers, to assist individual children; from supporting investigative agencies to elicit evidence on child sexual abuse to running public series and discourse on issues such as parenting, child labour and COVID support.

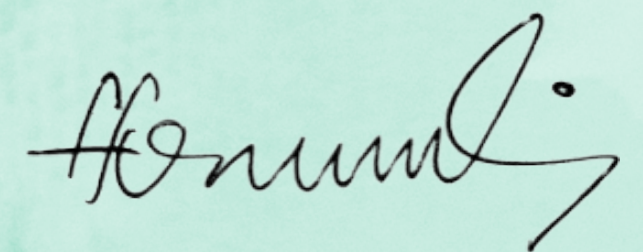
Moving into its second year, SAMVAD has expanded its Virtual Knowledge Network infrastructure and facilities, to enable a an even larger reach and coverage than the current one, so as to respond to the ever-increasing needs and requests pertaining to child protection and mental health services.

Plans for new initiatives focus on: specialized training curriculums on childhood trauma, interventions for children in conflict with the law, forensic child and adolescent psychiatry and mental health, educational and mental health support to children with special needs, and early childhood development, protection and care in the context of adoption and foster care; integration of child protection and mental health issues in Panchayati Raj Systems; collaborations with the National Police Academy and other National Institutes so that children's concerns may be taken onboard in every sphere of public administration and support, including policy-and law related initiatives to facilitate a deeper understanding of the recent amendments in the Juvenile Justice (Care and Protection) Act, 2015 ; public series on sexuality, abuse and high risk behaviours in adolescents, and on childhood disability.

In all its endeavors, SAMVAD is deeply grateful to the Hon'ble Minister, Ms. Smriti Zubin Irani and the Ministry of Women and Child Development, not only for their generous financial assistance but also for their support and interactions on a routine basis, to inform SAMVAD's thinking and operations.

SAMVAD also expresses its profuse thanks to all State Governments and their Departments (of Health, Education, Women & Child Development/ Social Welfare/Tribal Welfare), State High Courts, Judicial Academies and Legal Services Authorities, National and State Commissions for Protection of Child Rights, Public/National Institutes and agencies, and various other duty-bearers, for their interest and proactive engagement with its work and services.

SAMVAD looks forward to continued collaboration and engagement with them, in order to ensure that the needs of vulnerable children everywhere, are served.



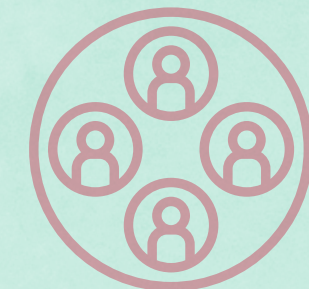
Dr Shekhar Seshadri
Senior Professor & Principal Investigator,
SAMVAD
Dept. of Child & Adolescent Psychiatry
National Institute of Mental Health &
Neurosciences (NIMHANS)

About SAMVAD

SAMVAD (Support, Advocacy Mental health interventions for children in Vulnerable circumstances And Distress) is a National Initiative & Integrated Resource for Child Protection, Mental Health and Psychosocial Care. This initiative, supported by the Ministry of Women & Child Development, Government of India, is located in the Dept. of Child & Adolescent Psychiatry, NIMHANS. With the aim of enhancing child and adolescent psychosocial well-being, through promotion of transdisciplinary and integrated approaches to mental health and protection, SAMVAD was established to extend its support and activities to all the states in the country. It comprises of a multidisciplinary team of child care professionals, with expertise in training and capacity building, program and policy research pertaining to child mental health, protection, education and law.

"Child mental health lies not only in textbooks of psychiatry, but out there in the community, in the streets, in homes & families... in child care institutions & schools... in books, music, & theatre..."

**DR. SHEKHAR SESHADRI, SENIOR PROFESSOR,
DEPT. CHILD & ADOLESCENT PSYCHIATRY**



The Need for Interventions



In India, most child and adolescent mental healthcare services are located in tertiary healthcare facilities; they are few in number, thereby limiting access to many in need. Further, many have a solely curative focus rather than combining this with promotive and preventive activities. There have been many initiatives by NGOs, including through public-private partnerships, to address child protection and mental health needs. However, these initiatives have been scattered and of varying quality, with few efforts to standardize, consolidate and scale up useful initiatives. In the context of children in difficult circumstances, having serious protection risks, are least likely to access specialized mental health services. Many child welfare committees and juvenile justice boards, particularly those functioning at district level, but also those located in urban areas, have very limited understandings of child mental health needs and so do not refer children to psychiatry departments located in district hospitals or tertiary healthcare facilities. The polarization of child mental health and protection work and interventions is not beneficial to children who are most vulnerable. Only a cohesive approach that includes both sets of interventions, addressing protection and mental health needs of children in difficult circumstances can be effective in ensuring their immediate and long-term care and rehabilitation.

Vision and Strategic Objectives

Strategic Objective 1

Develop standardized child-centric modules and resources for the capacity building of primary, secondary and tertiary level psychosocial and mental health care service providers.

Strategic Objective 2

Strengthen knowledge and skills in child and adolescent protection and psychosocial care in various cadres of child care service providers in the country, through training and capacity building initiatives at primary, secondary and tertiary care levels of child protection and mental health.

Strategic Objective 3

Enhance child and adolescent protection and psychosocial care programs implemented by government and non-government agencies, by providing technical support on program design and quality.

Strategic Objective 4

Undertake studies, audits, research and advocacy on issues pertaining to child and adolescent protection and related issues of mental health and psychosocial care.

Strategic Objective 5

Utilize the experiences of capacity building, technical programmatic support and research in informing child and adolescent laws and policies in the country.

Our Vision

To enhance child and adolescent psychosocial well-being, particularly of children in difficult circumstances, through promotion of integrated approaches to mental health and protection.

SAMVAD's Areas Of Work

Care & Protection

A safe, healthy and child-friendly environment for the children everywhere, with measures for prevention of and redressal for abuse and exploitation of children.

Mental Health

Access to quality mental health and psychosocial care services for every child, at primary, secondary and tertiary levels, for preventive and curative purposes.

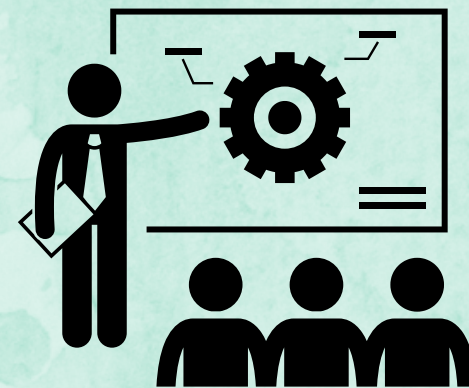
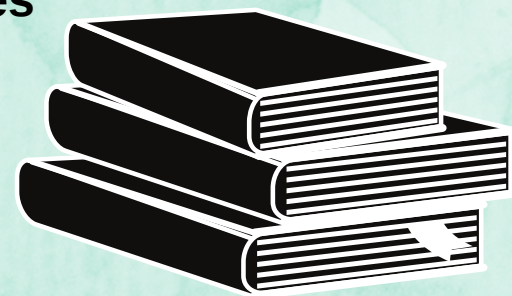
Education

Safe and inclusive schools and educational spaces...where teachers and school counsellors are sensitized to identify and provide first level responses to children with emotional, behavioural and learning difficulties.

Policy & Law

Integration of child mental health concerns into legal and judicial practices to enable child-friendly, child-centric legislation and judicial processes in contexts such as child sexual abuse, juvenile justice and child custody.

Develop Standardized Materials for Various Types of Child Mental Health & Protection Service Providers/Agencies



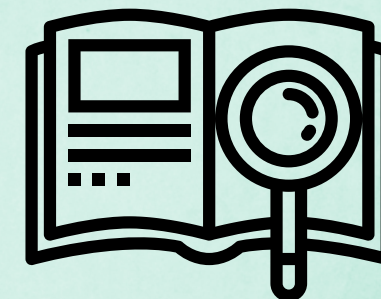
Training and capacity building initiatives at primary, secondary and tertiary care levels of child protection and mental health.



Providing technical support on program design and quality.

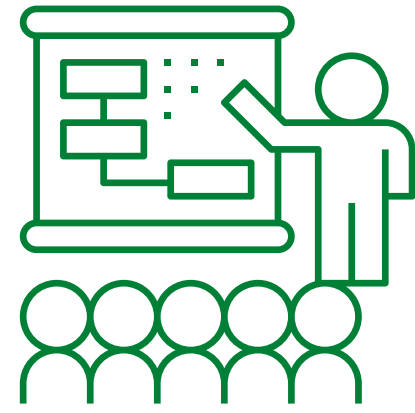
SAMVAD's Implementation Model

Utilize the experiences of capacity building, technical programmatic support and research in informing child and adolescent laws and policies in the country.



Undertake studies, audits, research and advocacy on issues

SAMVAD's IMPACT



353 Trainings



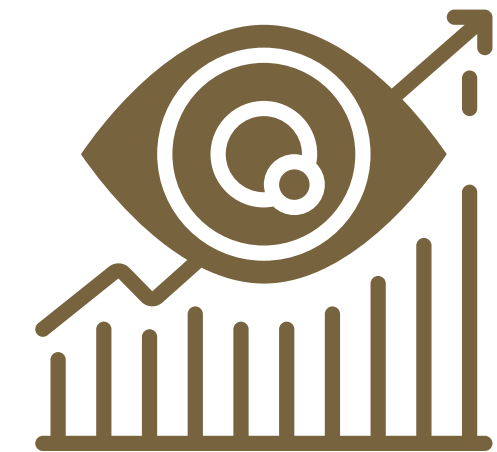
**31 Training
Curriculums
Developed**



**29 States &
2 Union Territories**



**87,391
Professionals
Trained**



**20,13,514
Views on
YouTube**

Curriculums that inform SAMVAD's work in Training and Capacity Building

<p>The Building Blocks</p>  <p>Mental Health, Psychosocial Care & Protection for Children & Adolescents</p> <p>Training Series 1</p>	<p>and Emotional Development</p>  <p>Adolescent Life Skills Series</p>	<p>Child Sexual Abuse Prevention and Personal Safety</p>  <p>Activity-Based Awareness & Learning for Pre-Schoolers & Children with Developmental Disabilities</p> <p>Developed by: Child & Adolescent Mental Health Service Project Dept. of Child & Adolescent Psychiatry National Institute of Mental Health & Neurosciences (NIMHANS), Bangalore</p>	<p>Child Sexual Abuse Prevention & Personal Safety</p>  <p>Activity-Based Awareness & Learning for Children aged 7 to 12 years</p> <p>Developed by: Child & Adolescent Mental Health Service Project Dept. of Child & Adolescent Psychiatry National Institute of Mental Health & Neurosciences (NIMHANS), Bangalore</p>	<p>Social Emotional Development</p>  <p>Life Skills for Children aged 8 to 12 years</p> <p>Developed by: Child & Adolescent Mental Health Service Project Dept. of Child & Adolescent Psychiatry National Institute of Mental Health & Neurosciences (NIMHANS), Bangalore</p>
<p>Gender, Sexuality & Relationships</p>  <p>Adolescent Life Skills Series II</p> <p>Developed by: Child & Adolescent Mental Health Service Project Dept. of Child & Adolescent Psychiatry National Institute of Mental Health & Neurosciences (NIMHANS), Bangalore</p>	<p>Critical Issues in Psychosocial Care & Mental Health of Children in Conflict with the Law -A Practitioner's Perspective</p>  <p>Developed by Community Child & Adolescent Mental Health Service Project Dept. of Child & Adolescent Psychiatry, National Institute of Mental Health & Neurosciences (NIMHANS)</p>	<p>Children in Conflict with the Law</p>  <p>Mental Health, Psychosocial Care & Protection for Children & Adolescents</p> <p>Training Series 3</p> <p>Developed by Community Child & Adolescent Mental Health Service Project Dept. of Child & Adolescent Psychiatry, NIMHANS, Bangalore</p>	<p>Trauma of Loss & Abuse</p>  <p>Mental Health, Psychosocial Care & Protection for Children & Adolescents</p> <p>Training Series 2</p> <p>Developed by Community Child & Adolescent Mental Health Service Project Dept. of Child & Adolescent Psychiatry, NIMHANS, Bangalore Supported by</p>	<p>The Building Blocks</p>  <p>Mental Health, Psychosocial Care & Protection for Children & Adolescents</p> <p>Training Series 1</p>

CARE & PROTECTION



**4,578
Participants**



**20 States
Reached**



**13 Training
Curriculums
Developed**



**75 Learning
Videos
developed**



**Translations of
Training Material
to 4 Languages**

Stakeholders Trained

- Child Welfare Committee (CWC) members
- Juvenile Justice Board (JJB)
- Child Care Institution (CCI) Staff
- Integrated Child Protection Scheme (ICPS) Staff
- Civil Society Organization Staff (ChildLine, Helplines & Other NGOs)
- Police officials

MENTAL HEALTH



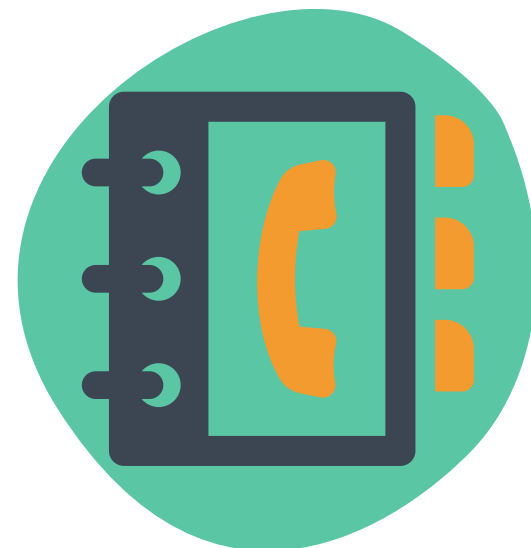
Pan India and International Coverage



3 Training Curriculums Developed



10,492 Participants



Development of a Pan India Mental Health Directory

Stakeholders Trained

- District Mental Health Program Staff
- Tertiary Mental Health Care Service Providers
- University Grants Commission faculties
- Other Mental Health Professionals
- Pediatricians
- Professionals and Stakeholders
- Rashtriya Baal Swasthya Karyakram Functionaries

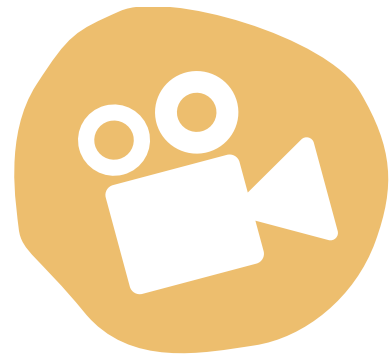
EDUCATION



**10 Training
Curriculums
developed**



13 States



**75 Learning
Videos
Developed**



**Translations of
training material to 4
languages**



**53,537
Participants**

Stakeholders Trained

- Teachers
- School Counsellors
- Education Faculty
- NGO Staff & Anganwadi workers
- Principals
- District Institute of Education and Training lecturers

POLICY & LAW



**12 States
Reached**



**5 Training
Curriculums
Developed**



**18,784
Participants**



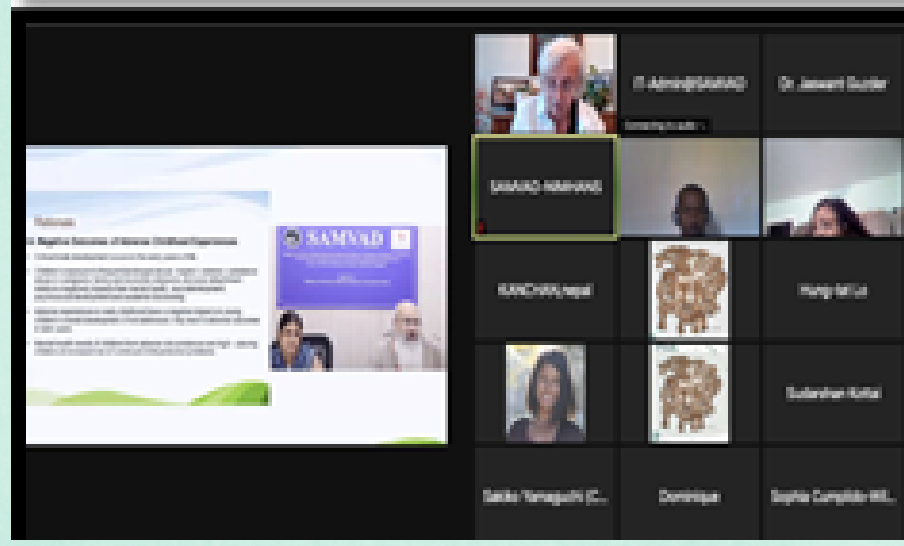
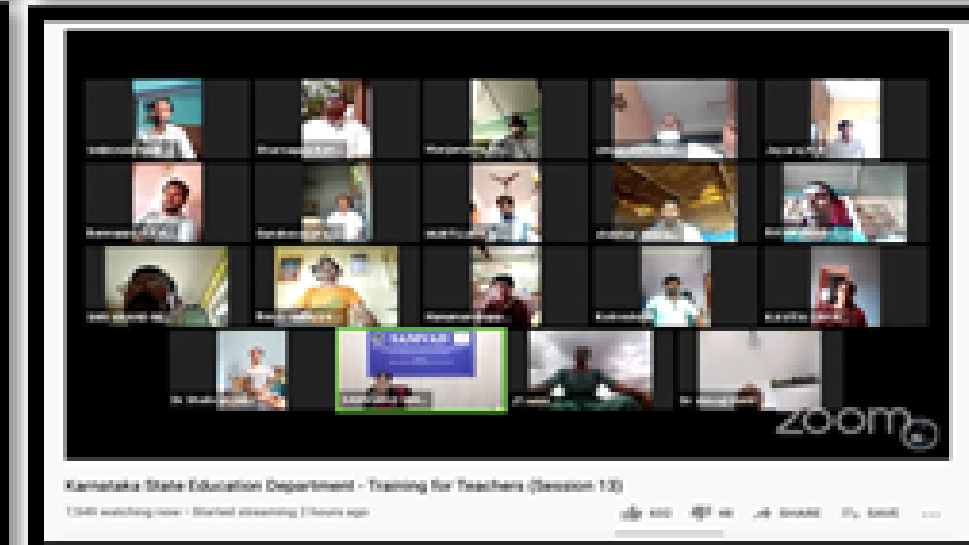
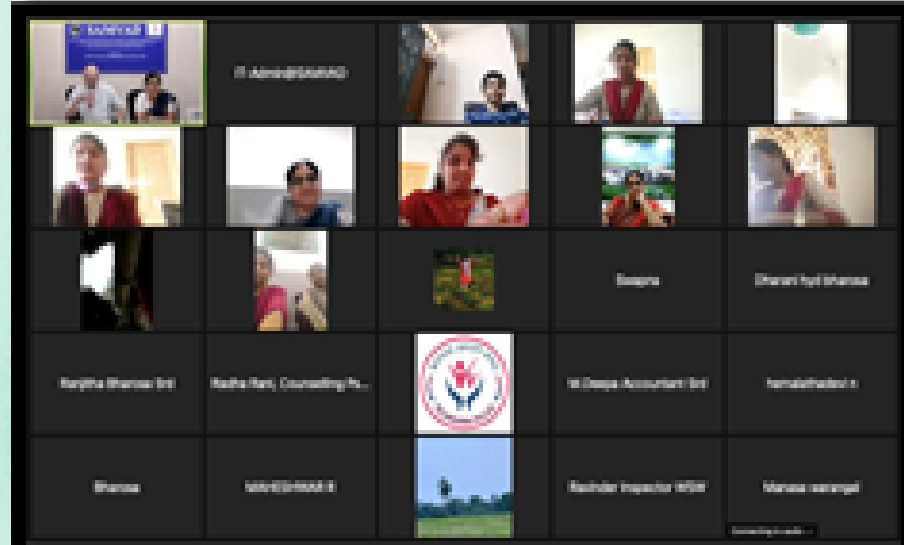
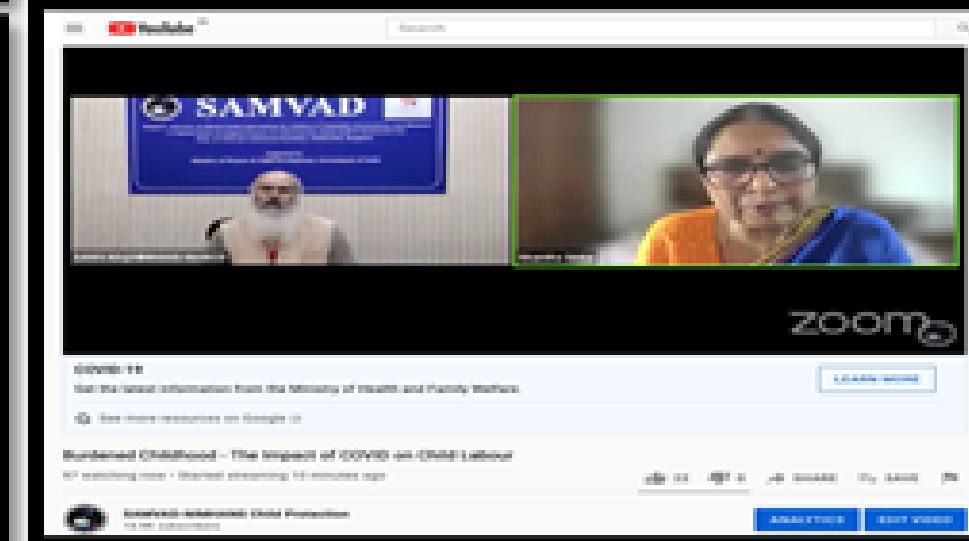
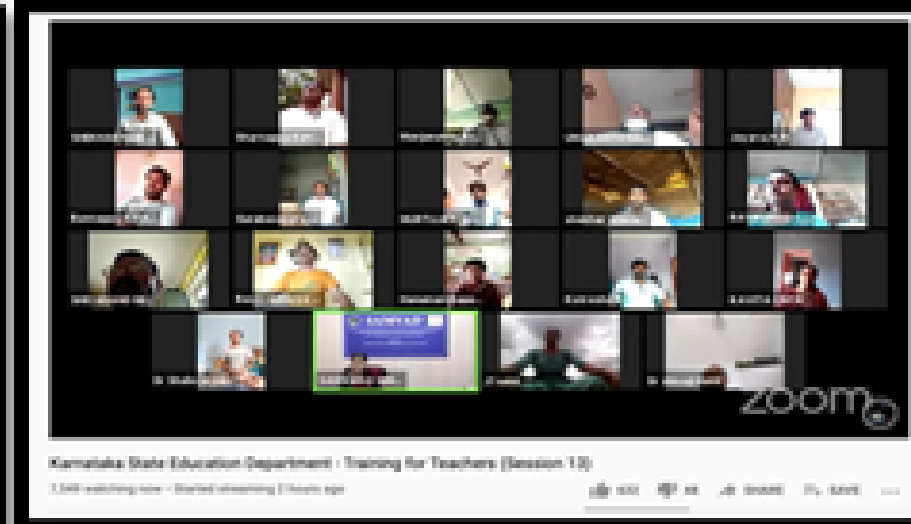
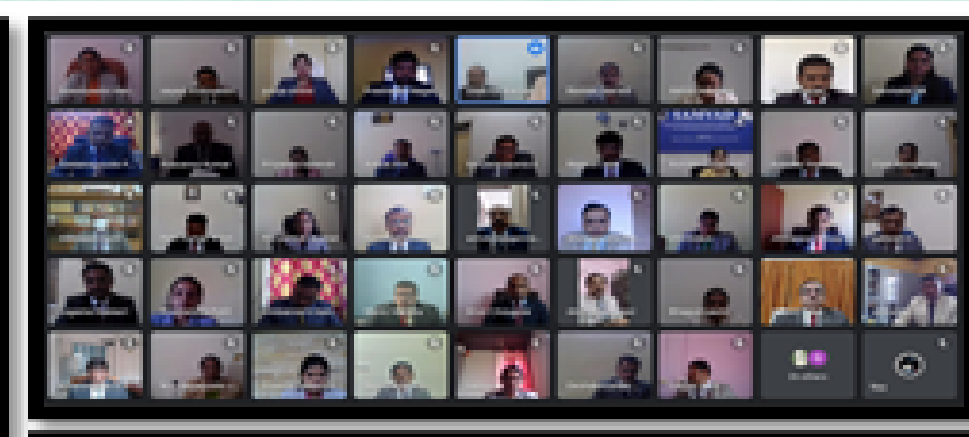
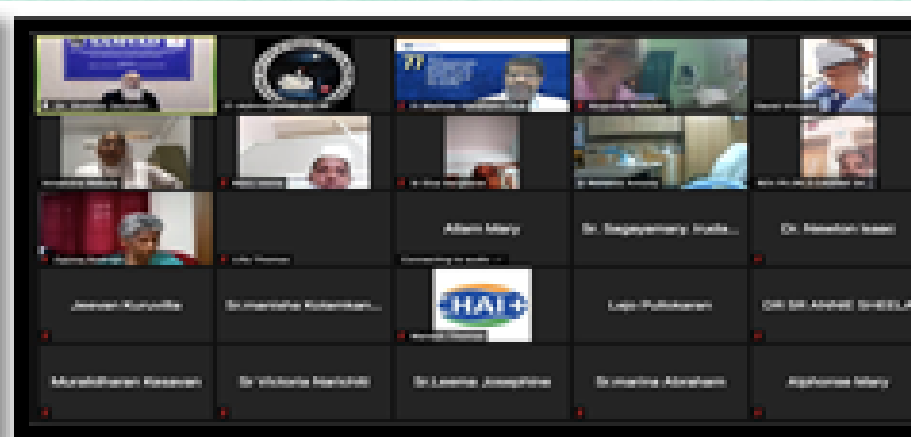
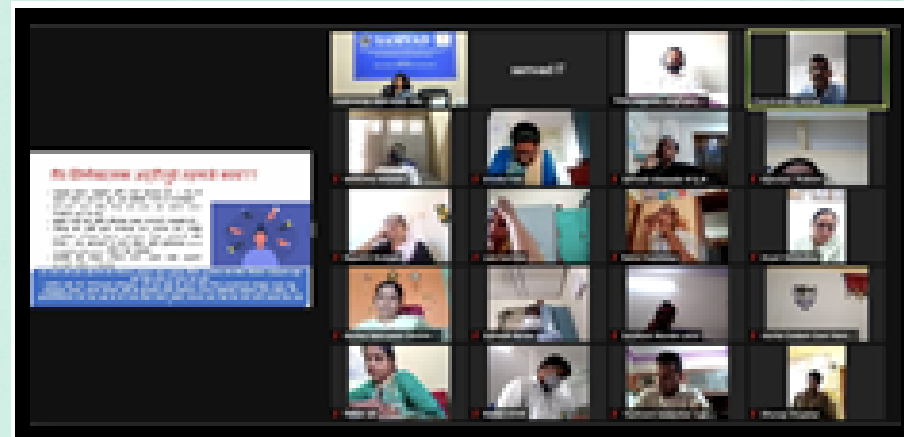
**4 State Judicial
Deliberations on
Child & Law**

Stakeholders Trained

- Judicial Officers (Special Court Judges, Juvenile Justice Magistrates and other cadres) and Law University Personnel
- Mediators/Marriage Counsellors & Family Court Judges
- Paralegal Volunteers and Support Persons of State Legal Services Authority



6 Virtual Knowledge Network Rooms Developed for Online Training





SAMVAD's Public Discourse Series

National Initiative & Integrated Resource for Child Protection, Mental Health, and Psychosocial Care
 Dept. of Child & Adolescent Psychiatry
 NIMHANS, Bangalore

Supported by: Ministry of Women & Child Development, Govt. of India

"The August Talks"
 with
 Dr. Shekhar Seshadri



"The Child Protection & Mental Health in the Context of the COVID Pandemic" Series

Dr. Shantha Sinha
 Impact of the Pandemic on Vulnerable Children: Child Rights and Field Realities
 August 18, 2020 || 6 PM

Dr. Jaswant Guzder
 Challenges of Cultural Consultations to Youth Protection Services for Children from Minority Communities: South Asian, Caribbean, Middle Eastern
 August 20, 2020 || 7 PM

Dr. Padma Sarangapani
 National Education Policy 2020: Does it Prepare the Indian Education System to support the needs of a Peri-COVID and Post-COVID Era?
 August 25, 2020 || 6 PM

Dr. Debanjan Banerjee
 From Social Isolation to Changing Definition of Grief: The Effect of the New Normal on Children and their Mental Health
 August 27, 2020 || 6 PM

National Initiative & Integrated Resource for Child Protection, Mental Health and Psychosocial Care
 Dept. of Child & Adolescent Psychiatry
 NIMHANS, Bangalore

Supported by:
 Ministry of Women & Child Development, Govt. of India



"A lot of help...and Even more Hope" Parenting Children with Special Needs
 Speakers: Indumati Rao & Merry Barua | September 16, 2020 @ 6.00 PM

.....

"What happens when I am no longer around..." How Special Needs Parents Need to Think (from Day One)"
 Speakers: Jo Chopra | September 18, 2020 @ 6.00 PM

.....

"Do Children need Discipline?" Setting Healthy Boundaries for Children"
 Speakers: Shantha Sinha | September 22, 2020 @ 6.00 PM

.....

"Why is the sky blue? Where do people go when they die? Why do I have to go to school?" An Anthroposophic Perspective on Parenting"
 Speakers: Nirupama Rao | September 24, 2020 @ 6.00 PM

.....

"Preserving a Sense of Curiosity and Wonder" Nurturing Young Children"
 Speakers: Dr Alexander von Gontard | September 25, 2020 @ 6.00 PM

.....

"Raising Children to Think Right and Do Right" Inculcating Values and Ethics in Children"
 Speakers: Dr Jaswant Guzder | September 28, 2020 @ 6.00 PM

.....

"Now is the time to study... not to fall in love!" Talking to Adolescents about Romantic & Sexual Relationships"
 Speakers: Vinay Chandran | September 30, 2020 @ 6.00 PM

.....

"Who is my 'Real' Family?" Parenting in the Context of Adoption & Foster Care"
 Speakers: Dr Aloma Lobo | October 09, 2020 @ 6.00 PM

.....

"Parents are not God" Balancing Identity and Selfhood Issues with Parenting Roles"
 Speakers: Dr Prabha Chandra | October 14, 2020 @ 6.00 PM

In order to generate public awareness on child protection and mental health issues, SAMVAD held a 4 part series titled "August Talks".

"Parenting Pathshala", was a 10-part video series launched to, address a range of topics relating to parenting through in-depth discussions with experts.

NATIONAL INITIATIVE & INTEGRATED RESOURCE FOR CHILD PROTECTION, MENTAL HEALTH AND PSYCHOSOCIAL CARE
DEPT. OF CHILD & ADOLESCENT PSYCHIATRY
NIMHANS, BANGALORE

SUPPORTED BY:
MINISTRY OF WOMEN & CHILD DEVELOPMENT, GOVT. OF INDIA

कहानियाँ और कल्पनाएँ
 आइये इस नवंबर जुड़ें बच्चों और बचपन से
INTO THE WORLD OF STORIES AND IMAGINATION

This November, Let Us Celebrate Children and Childhood!

- Nov 1** Reconnecting With Children and Childhood & Introduction To Series
- Nov 8** The Kindest Person In Class
- Nov 15** Anni And Addu Chat About Covid
- Nov 22** When Spots Went Away
- Nov 29** How Raju Rescued Goldie

READINGS IN: ENGLISH, HINDI, KANNADA, TAMIL, MALYALAM, NAGAMESE, MARATHI, GUJARATI

<https://www.facebook.com/childprotectnimhans>
<https://www.instagram.com/nimhanschildprotect/>
<https://youtube.com/c/NIMHANSChildProtection>
https://twitter.com/nimhans_CPC

As part of the Children's Day Celebration, on 14th November 2020, this series was published on YouTube in 5 parts of 15-20 minutes each on every Sunday of November. da, Marathi, Malayalam, Nagamese and Punjabi.

Celebrating Adoption Month
November 2020



Wanted
Chosen
Loved
Adopted

#AdoptionMonth
#CelebratingAdoption

National Initiative & Integrated Resource for Child Protection, Mental Health, and Psychosocial Care
Dept. of Child & Adolescent Psychiatry
NIMHANS, Bangalore

SAMVAD celebrated adoption month in November and released a Special series in English addressing questions that adoptive parents are often confronted with in the Pre-Adoption phase, during adoption and after adoption.

Public Event at Rangashankara Theatre, Bangalore November 2020

To promote the adoption series and to talk about adoption, the SAMVAD team also collaborated with the prestigious “Rangashankara” theatre in Bangalore and conducted two special events on two Sundays in the month of November, 2020. The story that SAMVAD had developed (‘Leela’s Story’) on adoption disclosure was done as a story-reading, followed by discussions on adoption and disclosure-related issues.



Christmas Tidings, December 2020

The SAMVAD team also started posting Christmas tidings early in December on the Social Media Platforms. These posts were under the series “10 things to tell your children before 2020 ends”





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Supported by Ministry of Women & Child Development, Government of India

BACHCHE, BACHPAN AUR SAHAS

We would like to invite you on a journey to.....
STORIES OF COURAGE, FRIENDSHIP, KINDNESS AND
STANDING UP FOR ONESELF

Feb 28 *The magical world of Ajoobagar and his friends*

Courage is a kingdom without a crown **Mar 07**

Mar 14 *A friend in need is a friend indeed*

Beautiful inside out **Mar 21**

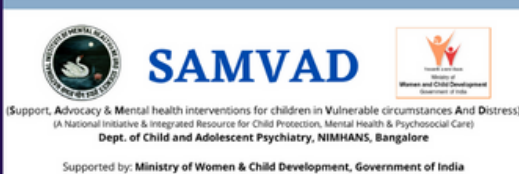
Mar 28 *Fall seven times, stand up Eight*

<https://www.facebook.com/childprotectnimhans>
<https://www.instagram.com/nimhanschildprotect/>
<https://youtube.com/c/NIMHANSChildProtection>
https://twitter.com/nimhans_CPC


Made with PosterMyWall.com

SAMVAD’s Mental Health Team and Education team developed a 4-part story series on bullying titled “The magical world of Ajoobagar and his friends” , for children which highlighted the experience of a child and a context in which he/she was bullied, while depicting those experiences, their response and emerging victorious from it.

This World Day Against Child Labour...




Burdened Childhood
Impact of COVID on Child Labour




SATURDAY, 12TH JUNE 2021
4:00PM - 5:00PM
YouTube LIVE Link: https://youtu.be/s-1p_Vgf_gI

SPEAKERS



Dr. Shantha Sinha
Former chairperson,
NCPDR
Founder Secretary,
M.V. Foundation



Dr. Shekhar Seshadri
Senior Professor,
Dept. of Child & Adolescent Psychiatry,
Dean,
Behavioural Sciences,
NIMHANS

On 12th June 2021, International Day Against Child Labour, SAMVAD, recognized the growing risk of child labour during the pandemic organized a talk. SAMVAD also released a video of “voices from the Field” of child protection functionaries from across India on the issue of Child Labour specifically during COVID.

SOCIAL MEDIA



240
Followers



4911
Followers

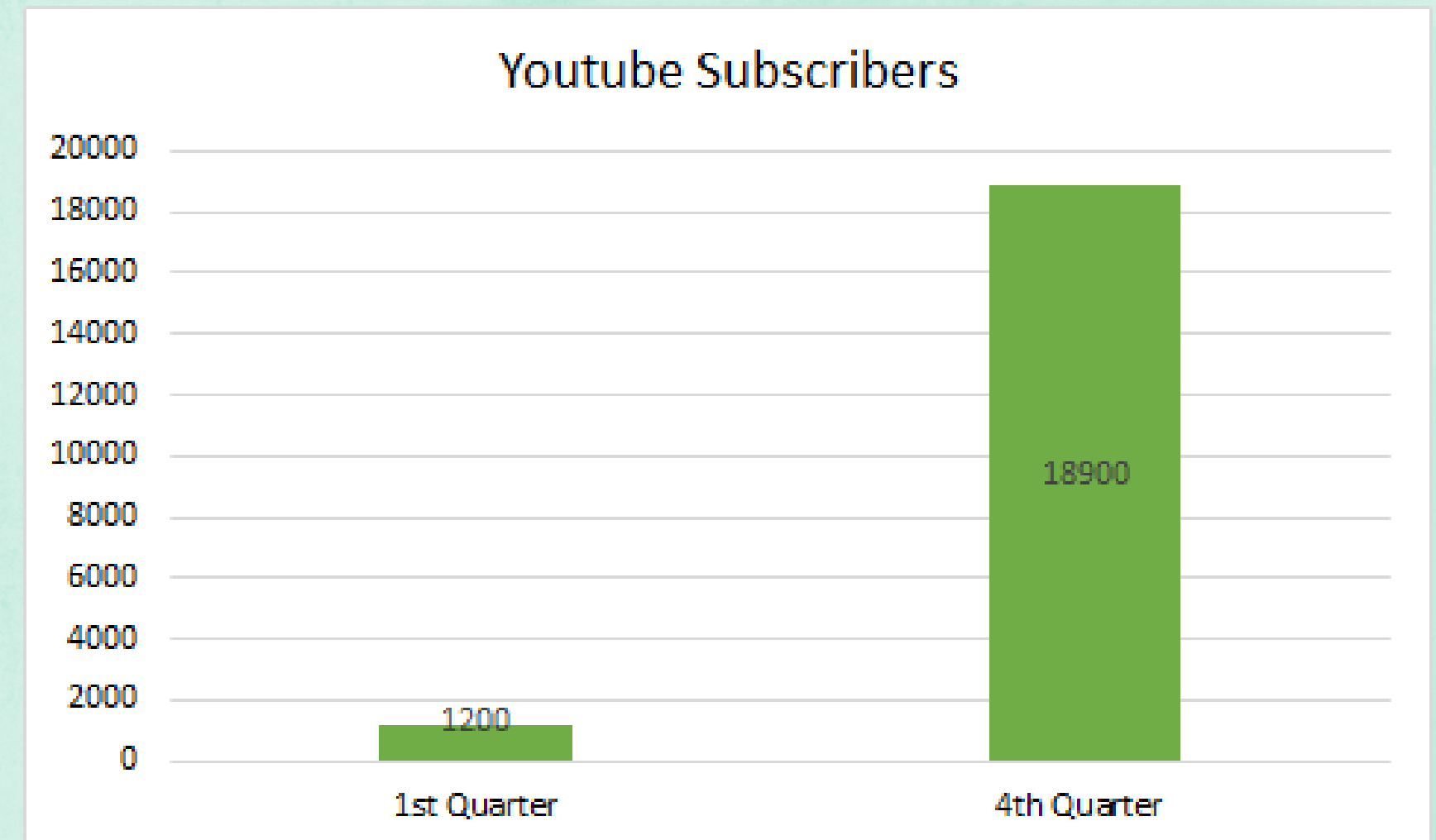


557
Followers



18,900
subscribers

Over 20 Lakh views
on YouTube!!!

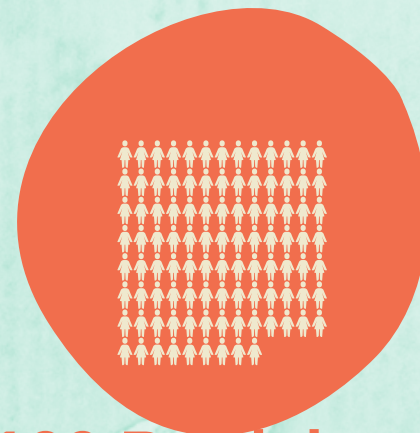


Tele -Mentoring for Children During COVID

SAMVAD initiated tele-mentoring services in light of the COVID crisis to aid child protection functionalities with the challenges they faced while helping children. SAMVAD also provided the functionalities with necessary referral services to the nearby District Mental Health Services (DMHPs) if necessary along with an intervention that range from counselling techniques to life skill methodologies based on SAMVAD's existing resources like the mental health directory, assessment proformas, life skills and training modules.



3 State and National Helplines Mentored
132 members



100 Participants
Child Protection functionalities ranging from DCPUs, Counsellors, CCIs, CWCs, DLSA approached SAMVAD for tele-mentoring services



11 States & 4 UT s

Assam, Bihar, Chhattisgarh, Jharkhand, Karnataka, Maharashtra, Odisha, Punjab, Sikkim, Uttar Pradesh, Uttarakhand Chandigarh, Daman & Diu, Ladakh, Puducherry

44 Districts

Amethi, Ayodhya, Bagalkot, Bahraich, Bhagalpur, Cachar, Chandigarh, Daman, Dehradun, Dibrugarh, Dimasao, East Singhbhum Gurdaspur, Hassan, Hojai, Jorhat, Kamrup (M), Kandhamal, Kanpur Dehat, Khunti, Kishanganj, Kolar, Koppal, Leh, Lucknow, Meerut, Muzaffarpur, Mysuru, Nagaon, Nagpur, Nalanda, Pondicherry, Pune, Raichur, Raigarh, Raipur, Sarguja, Shivamogga, Sivasagar, Tumkur, West, Dhamtati, Barambaki, Sambal



Mental health and Psychosocial concerns that have been addressed through Tele-Mentoring

Adjustment issues in Child care institutions, COVID Pandemic related anxieties of children, Anger Management, Anxiety Post-Traumatic Stress disorder., Intellectual Disability Child Sexual Abuse , Learning disability Attention Deficit Hyperactivity Disorder, Grief and Loss, Adoption, Sexual Decision making in Adolescents , Disability Separation anxiety

CHILDREN IN THE COVID CRISIS... LIKE WE NEVER EXPECTED IT TO BE.

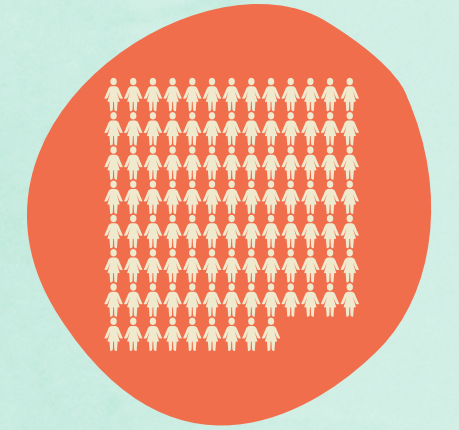
A Special Series

During second wave of the pandemic and in reference to the newly emerging imperatives to assist children with mental health and protection needs and concerns, SAMVAD ran a 4-part Special Series “ Children in COVID Crisis...Like We Never Expected It to Be” online. It aimed to equip them with requisite skills and methods as they strive to support children during these difficult and uncertain times. and to build on systematic ways to address child protection risks

A 4 part series was streamed in 2 languages – Hindi & English-- and are available on SAMVAD's YouTube Channel – “SAMVAD-NIMHANS Child protection”.

Based on the overwhelming response to the YouTube series, a reference guide named "Children in the COVID crisis...like we never expected it to be! A guide on responding to children's protection and psychosocial concerns during the pandemic." was developed at the end of the series given the overwhelming response and feedback from the participants

35000
Participants



29
States & 4 UTs



432
Districts



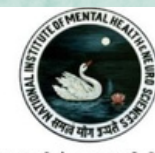


SAMVAD



(Support, Advocacy & Mental health interventions for children in Vulnerable circumstances And Distress)
(A National Initiative & Integrated Resource for Child Protection, Mental Health & Psychosocial Care)
Dept. of Child and Adolescent Psychiatry, NIMHANS, Bangalore

Supported by: Ministry of Women & Child Development, Government of India



SAMVAD



(Support, Advocacy & Mental health interventions for children in Vulnerable circumstances And Distress)
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Dept. of Child and Adolescent Psychiatry, NIMHANS, Bangalore

Supported by: Ministry of Women & Child Development, Government of India

1

Saving Children from the Brink.

ACTING UPON CHILD PROTECTION VULNERABILITIES IN THE COVID CRISIS.

Saturday, 15th May 2021
5:30-8:00PM



YouTube Live: https://youtu.be/lyzkSzP_srcQ

2

Worries...Fly Away!

HELPING CHILDREN MANAGE COVID-RELATED ANXIETIES

Tuesday, 18th May 2021
5:30-8:00PM



YouTube Live: <https://youtu.be/mK9TFg9PC2k>

1

सेविंग चिल्ड्रन फ्रॉम द ब्रिंक

कोविड संकट में बाल संरक्षण सम्बंधित मुश्किलों पर कार्य करना।

मंगलवार, 25th May 2021
5:30-8:00PM



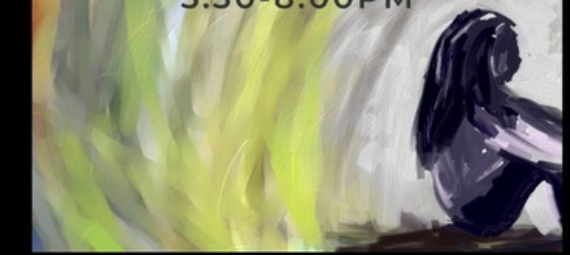
YouTube Live: <https://youtu.be/7W6sb9S1u10>

2

वरीज़...फ्लाय अवे!

बच्चों को कोविड से संबंधित डर और चिंताओं में मदद करना।

गुरुवार, 27th May 2021
5:30-8:00PM



YouTube Live: <https://youtu.be/ZnXNgFUe7GE>

3

Breaking Bad News

Disclosing Illness and Death to Children in the Covid Crisis

Thursday, 20th May 2021
5:30-8:00PM



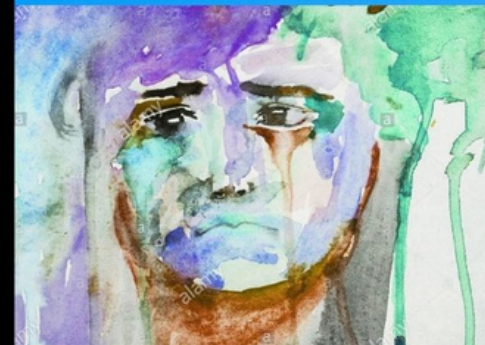
YouTube Live: <https://youtu.be/VLBHsNkPW4A>

4

In My Heart Forever

SUPPORTING CHILDREN THROUGH LOSS & GRIEF EXPERIENCES IN THE COVID CRISIS

Saturday, 22nd May 2021
5:30-8:00PM



YouTube Live: <https://youtu.be/6b0boDTeWIs>

3

ब्रेकिंग बेड न्यूज़:

बच्चों के समक्ष कोविड संकट से जुड़ी बीमारी और मृत्यु के बारे में बातचीत करना।

शनिवार, 29 May 2021
5:30-8:00PM



YouTube Live: <https://youtu.be/Md3J5YzclCs>

4

इन माय हार्ट फॉरएवर:

कोविड संकट में क्षति और दुख से जुड़े बच्चों के अनुभवों का समर्थन करना।

सोमवार, 31st May 2021
5:30-8:00PM



YouTube Live: <https://youtu.be/k0mJ9PmWWjgt>

Series Registration Link:

<https://samvad.nimhanschildprotect.in/covidseries>

Only first 500 registered participants would have zoom access. Others may access via YouTube Live.

Series Registration Link:

<https://samvad.nimhanschildprotect.in/covidseries>

Only first 500 registered participants would have zoom access. Others may access via YouTube Live.

Concerned Citizens for Children in COVID

**FOUND A CHILD?
NOT YOURS?**

CONTACT

POLICE
CHILDLINE - 1098
DIST. CHILD PROTECTION UNIT
(DCPU)
DIST. CHILD WELFARE COMMITTEE
(CWC)

**DO NOT ADVERTISE.
DO NOT ILLEGALLY ADOPT.**

SAMVAD

Support, Advocacy & Mental Health Interventions for Children in Vulnerable Circumstances And Orphans
A National Centre for Child Protection, Research & Technical Care
Dept. of Child and Adolescent Psychiatry, IISWASH, Bangalore
Supported by: Ministry of Women & Child Development, Government of India

Concerned Citizens for Children in COVID

कोविड के संबंध में जागरूक नागरिक

क्या आपको ऐसे बच्चे मिले हैं
जिनकी देखरेख करने वाला
कोई नहीं है ?

संपर्क करें

पुलिस
चाइल्डलाइन -1098
जिला बाल संरक्षण इकाई
बाल कल्याण समिति (जिला स्तर पर)
कृपया ऐसे बच्चों को सीधे गोद न लें
और
किसी को गोद देने की पेशकश भी न करें।

यह कानूनी अपराध है।

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Support, Advocacy & Mental Health Interventions for Children in Vulnerable Circumstances And Orphans
A National Centre for Child Protection, Research & Technical Care
Dept. of Child and Adolescent Psychiatry, IISWASH, Bangalore
Supported by: Ministry of Women & Child Development, Government of India

कोविड के संबंध में जागरूक नागरिक

In the wake of the child protection concerns that rose with the second wave of the pandemic, in the context of illegal adoptions, SAMVAD released posters to spread awareness on the issues of adoptions.

Concerned Citizens for Children in COVID

Illegally
DO NOT ADOPT

DID YOU KNOW?
Illegal Adoption amounts to
TRAFFICKING!

**BE A CAREGIVER,
NOT A TRAFFICKER.**

To Adopt Legally
Visit: <http://cara.nic.in/>

SAMVAD

Support, Advocacy & Mental Health Interventions for Children in Vulnerable Circumstances And Orphans
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Dept. of Child and Adolescent Psychiatry, IISWASH, Bangalore
Supported by: Ministry of Women & Child Development, Government of India

Concerned Citizens for Children in COVID

कोविड के संबंध में जागरूक नागरिक

अवैध रूप से
बच्चों को गोद न लें

क्या आप जानते हैं ?
अवैध रूप से गोद लेना तस्करी को
बढ़ावा देता है ।

**देखरेखकर्ता बनें,
तस्कर न बनें !**

कानूनी रूप से गोद लेने के लिए संपर्क करें
Visit: <http://cara.nic.in/>

SAMVAD

Support, Advocacy & Mental Health Interventions for Children in Vulnerable Circumstances And Orphans
A National Centre for Child Protection, Research & Technical Care
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कोविड के संबंध में जागरूक नागरिक

எச்சரிக்கை



**கொடுவாள்
பெற்றோர்களை திரும்ப குழந்தைகளை
சட்ட வழி முறைகளை பின்பற்றாமல்**

**தத்து கொடுப்பதும்
எடுப்பதும்**

குழந்தை வட்டத்துக்கு ஒப்பானதாகும்.

காணொலி: <http://cara.nic.in/> குழந்தைகளை
குழந்தைகளை தத்து எடுக்க <http://cara.nic.in/> குழந்தைகளை

HOPE

Support, Advocacy & Mental Health Interventions for Children in Vulnerable Circumstances And Orphans
A National Centre for Child Protection, Research & Technical Care
Dept. of Child and Adolescent Psychiatry, IISWASH, Bangalore
Supported by: Ministry of Women & Child Development, Government of India

The posters were translated in Tamil by an organisation and displayed in 15 Public Health Centres (PHCs) in Cuddalore district of Tamil Nadu.

Back to School- Responding to the Mental Health Impacts of COVID- April 2021

The graphic is a promotional poster for a two-part webinar. On the left, a circular logo features the text 'Orient BlackSwan ONE ON EDUCATION in collaboration with SAMVAD'. Below this, it lists the logos for 'THE NATIONAL INSTITUTE OF EDUCATION' and 'National Institute of Mental Health and Child Development'. A subtitle reads '(Support, Advocacy & Mental health interventions for children in Vulnerable circumstances And Distress)'. At the bottom of the circle, it says 'brings you a two-part webinar'. To the right, the text 'Orient BlackSwan Teachers' is positioned above a large red heart icon. The main title of the webinar is 'Back to School—Responding to the Mental Health Impacts of the COVID Pandemic on Children and Teachers'. Below the title, a black box contains the dates and times: 'Part 1 – 17 April 2021, 15.00 – 17.30 IST' and 'Part 2 – 24 April 2021, 15.00 – 17.30 IST'. At the bottom right, a red button with white text says 'LEARN MORE'.

SAMVAD conducted 2 part series with Orient Blackswan publication for Teachers and School Principals, 17th and 24th April 2021. It was titled “Stress of teachers and teaching in COVID times” which focussed on the well-being of teachers with various activities along with in-depth discussions on the impact of COVID on children. & “Addressing the Mental Health & Psychosocial Impact of COVID on Children” which focussed on explaining the framework of illness to children, addressing coping mechanisms, followed by strategies for anxiety management for children during this Pandemic.

Let us fight #COVID-19

Dealing with Exam Stress and Anxiety...

Towards creating a joyful environment

Live Interactive session with

Dr. Kashyapi Awasthi

Manodarpan Working Group Member
New Delhi

Dr. Shekhar Seshadri

Professor
NIMHANS, Bangalore

Dr. Flourette G. Dkhar

Professor
NERIE, Shillong

Ms. Sunita Devi

Counselling Psychologist
New Delhi

Dr. Sushmita Chakraborty

Assistant Professor
DEPFE, NCERT

“Understanding and Coping with Grief” was conducted by SAMVAD on the ‘NCERT OFFICIAL’ YouTube Channel on 11th June and 18th June 2021 respectively. These sessions focused on the loss and grief experiences of children in the context of COVID. A special LIVE interactive session was organised with 5 Counsellors of Jawahar Navodaya Vidyalayas to address the queries and concerns regarding supporting children who have experienced trauma of loss and grief in the ongoing COVID Pandemic.

Under the Manodarpan initiative by the Ministry of Education, National Council of Educational Research & Training (NCERT) organized a series of webinars and discussion sessions in the field of Mental Health to reach out to students and all stakeholders. Manodarpan is an initiative of the Ministry of Education which aims to provide mental health assistance and psychosocial support to promote the well-being of children in the COVID pandemic.

Let us fight #COVID-19

Paricharcha

Understanding and Coping with Grief - II

Live Interactive session with

Dr. Shekhar Seshadri
Professor, NIMHANS, Bangalore

Ms. Sheila Ramaswamy
SAMVAD, NIMHANS, Bangalore

Dr. Ruchi Shukla
Assistant Professor, DEPFE, NCERT

Mr. Bhavani Singh
Teacher-Counsellor, NVS

Dr. Avani Parashar
PGT (Guidance and Counselling)
DMS RIE Shyamla Hills Bhopal

Mr. Vinay Kumar Teotia
Teacher-Counsellor, KVS

Mr. Naresh Kumar
Teacher-Counsellor, DoE

Ms. Subhasini Patra
Counsellor, RIE, Bhubaneswar

COVID Specific IEC Materials

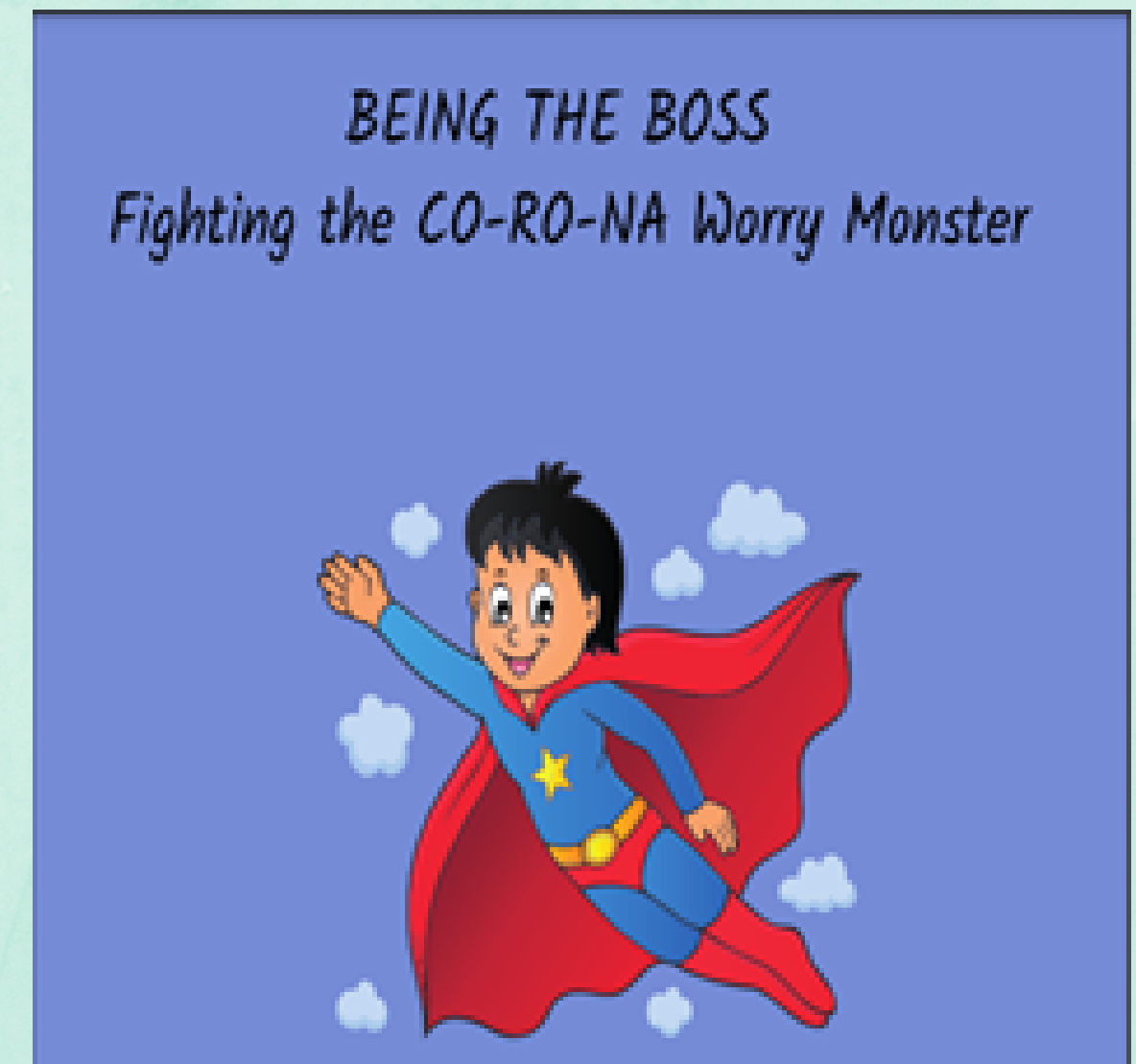
ANNI & ADDU CHAT ABOUT COVID-19 - A Story.

Storytelling works wonders as a methodology to talk to children and to convey concerns and messages. Keeping this in mind, a story on COVID and what exactly in Corona Virus was developed to explain children about the COVID pandemic.



BEING THE BOSS - A comic book.

A comic book was developed in both English and Hindi for children to initiate conversation on COVID in simple and non-threatening ways.





SAMVAD's Research Initiatives

Investing in Child Services: The Imperative to Prioritise Child Development, Protection, and Mental Health Concerns (Policy Paper Submitted to the Fiscal Policy

Institute, Government of Karnataka to provide a policy framework for the upcoming Child Budget 2021-22).

This Policy Paper was submitted to the Fiscal Policy Institute in December 2020, to outline the need for greater investment by the State in facilities, infrastructure, human resources and health services that would enhance child and adolescent development and mental health.

The Paper identified important areas of investment in child and adolescent mental health to assist the concerned Line Departments, Govt. of Karnataka, in designing the Child Budget 2021-22, the rationale and identified areas of investment are applicable to the country at large.

Study on “Effective implementation of Section 15 of the Juvenile Justice (Care and Protection of Children) Act, 2015: Exploring Perceptions of Judicial Personnel on Juvenile Justice & Children in Conflict with the Law”

A comprehensive nationwide study on the factors influencing judicial perspectives on preliminary assessment for transfer to the criminal justice system under Section 15 of the JJ Act.

The Study seeks to elicit judicial perspectives on the role of mental health evaluations given the cross-disciplinary nature of the statutory framework under Section 15. The tool designed for the Study was a series of 6 case vignettes followed by questions pertaining to 4 domains of judicial understanding: a) Interpretation of mental capacity and developmental stage; b) Appreciation of pathways and circumstances; c) Perception of severity and consequences; d) Estimation of criminal intent in preliminary assessment.

Study on Exploring the Impact of COVID Pandemic on Child Protection Systems in India: Implications for Interventions & Policy

The study highlights a wide range of issues that affected the child protection systems in the country in the first wave of the COVID-19 pandemic.

Located in the states of Maharashtra, Uttar Pradesh and Madhya Pradesh, the study used a mixed-methods approach to elicit information on the working of the following child protection stakeholders, during the pandemic:

- Child Welfare Committee members
- Juvenile Justice Board members
- Superintendents of Government State homes
- District Child Protection Officers
- CHILDLINE coordinators

An integral part of the study includes:

- **Trends and impact of child protection risks**
- **Systemic challenges**
- **Views on institutionalization in the pandemic context**
- **Rehabilitation and Repatriation**

A monograph comprising of our findings, analysis and recommendations for child protection services, capacity building of child protection service providers and policy will form the outcome of the study. It will be disseminated widely so that the States may access the findings and analysis for informing their programs and policies.

Some Key Findings:

-Child protection risks pre-existed but have increased during the COVID times, merged with concerns for newer processes of enquiry and assessments. Child protection risks such as child marriage, child sexual abuse, trafficking and child labour have reported to have increased.

-The systemic issues faced by child protection functionaries during COVID regarding the child protection system (including availability of infrastructure, co-ordination among stakeholders, staff availability, COVID testing and isolation concerns to name a few) was also hit hard by the COVID pandemic.

--There have been challenges in rehabilitation processes, the impact of which has not been equally distributed. Children from lower socio-economic and deprived backgrounds and those already in vulnerable and difficult circumstances constituted a high-risk population and required strong rehabilitation support including institutional care.

- The views of child protection functionaries suggested of not an unequivocal understanding and responses did not indicate to the question of pre and post COVID times. Throughout the cadres, institutional care was overall not mentioned as a preferred option of care for the children. However, indicators for assessing best suited placement could not be comprehended at large.



SAMVAD in News

First online capacity building programme for JJJB members commenced with first batch from Manipur

By A Staff Reporter
 IMPHAL | Nov 26
 India's first online 63 hours capacity building programme for Juvenile Justice Board (JJJB) members of Manipur commenced from Wednesday through Zoom Meeting App Platform.
 The JJJB members of Manipur are the first batch of the capacity building programme on the theme 'Psychosocial and Mental Health Considerations in Juvenile Justice', to be trained under 'Samvad', a national initiative project of NIMHANS.
 The programme was jointly organised by Manipur State Legal Services Authority (MASLSA) and National Institute of Mental Health and Neurosciences (NIMHANS) in association with the Social Welfare Department, Government of Manipur. It was inaugurated by member secretary of MASLSA, Gaiphulshillu Golmei; and senior professor of Department of Child and Adolescent Psychiatry and associate dean of Behavioural Sciences Division, NIMHANS, Bengaluru, Dr Shekhar Seshadri.
 In the inaugural speech, Gaiphulshillu Golmei stated that the programme was organised as a part of the project, 'Nurture the Children's Mind', initiated by MASLSA to address the needs and gaps on issues of mental health; and psychosocial care for vulnerable Children in Conflict with Law (CCL) and Children in Need of Care and Protection (CNCP). She further expressed gratitude to the team of NIMHANS for the initiative that devised the entire programme module specifically for the state. She also thanked the Social Welfare department for their active support and cooperation in organising the training programme.
 Dr Shekhar Seshadri addressed the session with a brief introduction of 'Samvad' under the Ministry of Women and Child Development, Government of India. He emphasised that every child in conflict with law is or was a child in need of care and protection. He shared the project's current engagement with the judicial academies through deliberations on the Section (15) of the Juvenile Justice Act. He further highlighted the main focus of the training programme which will be on understanding the reason of child in conflict with law.
 The programme was attended by the 25 JJJB members from all the districts of the state.
 The online training programme will be held for 18 sessions (63 hours), for two days a week over a period of more than two months starting from Wednesday.

Officials in all children homes to be trained in child protection focussing on mental health within this year

Ambika Pandit / TNN / Mar 17, 2021, 14:34 IST

ARTICLES

- Officials in all children homes to be trained in child protection...
- New sensors track sweat, monitor health, teams working on...
- 6 most sought-after schools in the Delhi-NCR
- MIC-21 'Bison' crashes in central India, pilot killed

TOI

NEW DELHI: Having trained nearly 41,000 personnel across child care institutions (CCIs), educational institutions, judicial academies and other welfare functionaries on child protection with a special focus on mental health since June last year, the government has decided to complete training of all officials and caregivers in the 7,000 plus registered CCIs and observation homes within this year.

Project SAMVAD steered by NIMHANS Bangalore and supported by the ministry of women and child development is cited to be a national initiative and integrated resource for child protection, mental health and psychosocial care. The focus of the project is to provide support, advocacy and mental health interventions for children in vulnerable circumstances.

SPOTLIGHT

- 11 LDU students are representing India in Tokyo
- 14 Dhare on ZEE5: A perfect family entertainer
- 14 Dhare music album: A song for every mood

TOI+ STORIES SEE ALL

Why does Vodafone want to be

ಶಾಲಾ ಮಾನಸಿಕ ಆರೋಗ್ಯ ಬಲಪಡಿಸುವ ಮಧ್ಯಸ್ಥಿಕೆ | ಬೆಂಗಳೂರು ನಿಮಾನ್ಸಿನಿಂದ ಆನ್‌ಲೈನ್ ತರಬೇತಿ ಪರಿಣಾಮಕಾರಿ ಬೋಧನೆಗೆ ಶಿಕ್ಷಕರ ತಯಾರಿ

ಜಯಪುರ ಪಾಲೀಕರಣ ಮತ್ತು ಬೆಂಗಳೂರು ಮಕ್ಕಳ ಬಾಲ್ಯ, ಬೆಳವಣಿಗೆ ಮೂಲಕ ಅರ್ಥೈಸಿಕೊಳ್ಳುವುದು, ಸಮಾಲೋಚನೆ ಮತ್ತು ಸಂವಹನ ಕೌಶಲ ಅಭಿವೃದ್ಧಿಪಡಿಸುವ ನಿಟ್ಟಿನಲ್ಲಿ ಶಾಲಾ ಮಾನಸಿಕ ಆರೋಗ್ಯ ಬಲಪಡಿಸುವ ಮಧ್ಯಸ್ಥಿಕೆ ಕುರಿತು ಶಿಕ್ಷಕರು ಮತ್ತು ಸಮಾಲೋಚಕರಿಗಾಗಿ ಯೂಟ್ಯೂಬ್ ಲೈವ್ ಮೂಲಕ ಆನ್‌ಲೈನ್ ತರಬೇತಿ ನೀಡುವ ಮಹತ್ವಾಕಾಂಕ್ಷಿ ಯೋಜನೆಯನ್ನು ಶಿಕ್ಷಣ ಇಲಾಖೆ ಕೈಗೆತ್ತಿಕೊಂಡಿದೆ.
 ಕಲಬುರಗಿ ಸಾರ್ವಜನಿಕ ಶಿಕ್ಷಣ ಇಲಾಖೆ ಅಪರ ಅಯುಕ್ತ (ನರೀನ್ ಅತುಲ್ ಈ ಯೋಜನೆ ರೂಪಿಸಿದ್ದು, ಬೆಂಗಳೂರಿನ ಪ್ರಾಚೀನ ಮಾನಸಿಕ ಆರೋಗ್ಯ ಮತ್ತು ನರ ವಿಜ್ಞಾನ ಸಂಸ್ಥೆ (ನಿಮಾನ್ಸ) ಮತ್ತು ಹದಿಹರೆಯದ ಮನೋವೇದ ಮಧ್ಯಸ್ಥಿಕೆ ಮತ್ತು ಬೆಂಗಳೂರಿನ ವಿಶೇಷ ಕಾಳಜಿ ವಹಿಸುವುದು ಈ ಯೋಜನೆ ಉದ್ದೇಶ.
 ಯಾರು ಬೇಕಾದರೂ ಪಾಠ ಮಾಡಬಹುದು ಎಂಬ ವಾತಾವರಣ ಸೃಷ್ಟಿಯಾಗಿದ್ದರಿಂದ ಸಮರ್ಪಕ ಕಲಿಕೆ ಮರೀಚಿಕೆಯಾಗಿದೆ. ಮನೋವೈದ್ಯಶಾಸ್ತ್ರ ಮತ್ತು ಬೋಧನಾ ಶಾಸ್ತ್ರದ ಜ್ಞಾನವಿಲ್ಲದಿದ್ದರೆ ತಪ್ಪು ತಿಳಿವಳಿಕೆಯಿಂದ ಸಮಸ್ಯೆಗೆ ಪರಿಹಾರ ದೊರೆಯದೆ ಮತ್ತಷ್ಟು ಜಟಿಲವಾಗುವ ಸಂಭವ ಹೆಚ್ಚು.
 ತರಬೇತಿ ಅರಂಭ: ಮೇ 3ರಂದು ಆನ್‌ಲೈನ್ ತರಬೇತಿ ಪ್ರಾರಂಭವಾಗಿದ್ದು, ಪ್ರತಿ ಸೋಮವಾರ ಮತ್ತು ಬುಧವಾರ ಬೆಳಿಗ್ಗೆ 9.30ರಿಂದ ಮಧ್ಯಾಹ್ನ 12.30ರವರೆಗೆ ನಡೆಯಲಿದೆ.

Govt., NIMHANS tie up for mental health outreach to children
 HEALTH
 Govt., NIMHANS tie up for mental health outreach to children
 SPECIAL CORRESPONDENT
 NEW DELHI, MARCH 16, 2021
 UPDATED: MARCH 16, 2021
 SHARE ARTICLE



Women and Child Development Minister Smriti Irani. File. | Photo Credit: V.V. KRISHNAN
 The Ministry of Women and Child Development is funding a project NIMHANS aimed at mental health outreach for children who are abandoned and orphaned, child survivors of trafficking, or in conflict with law, Minister Smriti Irani said on Tuesday.

SAMVAD to study child mental health

ENS@ Kalaburagi
 SAMVAD (Support, Advocacy & Mental health interventions for children in Vulnerable circumstances And Distress) Project, a National Initiative & Integrated Resource for Child Protection, Mental Health, & Psychosocial Care supported by the Ministry of Women and Child Development of the Union government, is working in different capacities in training Child Protection functionaries, District Mental Health Practitioners, Judicial Academies & Boards, Teachers, Counsellors and DIET Lecturers, across the country, including in Kalyana Karnataka Region.
 According to a press note issued here on Monday, it is stated that "The project is located in the Department of Child and Adolescent Psychiatry, National Institute of Mental Health & Neurosciences (NIMHANS), Bengaluru. It is headed by Dr Shekhar Seshadri, Senior Professor in Department of Child and Adolescent Psychiatry and Dean, Behavioural Sciences, NIMHANS, Bengaluru."
 SAMVAD is a first of its kind technical project in India, that provides support on child mental health & protection through training and capacity building, research and mentoring activities for child services. It works intensively in four broad thematic areas of Mental health, Care & Protection, Education and Law & Policy and has reached over one lakh service providers through its training, outreach and capacity building programs across the country.
 These trainings are conducted by Sheila Ramaswamy, Technical and Operational Lead, SAMVAD.
 In the context of COVID pandemic, innovations in teaching and learning methods, via Virtual Knowledge Networks that enable increased coverage of service providers are being used.
 In view of the concerns of teachers on children's well-being, the training is aimed to strengthen school mental health to identify mild to moderate mental health issues and equipping teachers to provide first level responses to children.
 Additionally, given the COVID scenario and the role played by teachers in children's lives, teachers are also being trained on how to help children manage their COVID related worries and anxieties, the press note added.

Over 41,000 personnel across 28 states trained for protecting children's mental health wellbeing: Smriti Irani

Support Advocacy and Mental health interventions for children in Vulnerable circumstances And Distress is a national initiative to address mental health issue.
 Published: 16th March 2021 11:27 PM | Last Updated: 16th March 2021 11:27 PM



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PUBLIC SERIES

on sexuality, abuse and high risk behaviors in adolescents, and on childhood disability.

COLLABORATION

with the National Police Academy and other National Institutes so that children's concerns may be taken onboard in every sphere of public administration

TRAINING CURRICULUMS

- Childhood trauma interventions for children in conflict with the law
- Forensic child and adolescent psychiatry and mental health,
- Educational and mental health support to children with special needs,
- Early childhood development, protection and care in the context of adoption and foster care

INTRODUCING PANCHAYATI RAJ

Integration of child protection and mental health issues in Panchayati Raj Systems

VIRTUAL KNOWLEDGE NETWORK

Expansion of its Virtual Knowledge Network infrastructure to reach & train more stakeholders online

...And much more !

This method of weekly learning sessions rather than 3 day continues one off session is more useful for us as we will be always connected and help us to learn in a graded approach... it has helped us to learn better...

“After the training, I have been able to go to the communities to teach them about the importance of engaging with children and the power they have make communities safer for children. The communication skills and Window Approach taught during the training has particularly been helpful for me. I consciously try to now reflect and respond, rather than being judgmental.”

“When I now fill an SIR (social investigation report), I think of every aspect of this training and how impactful it is on making a decision for children coming in conflict with law.... I know the impact of circumstances on the child’s protection and safety.”

“Thankyou ma’am. Your sessions have been very useful. Because of the work that you did with the counsellors of our districts, their approach has changed and their documentation has become much stronger. We have been able to dispose off 25 cases in the last one month.”

The best part of the training is it is not theory that is taught, but field realities and how to deal with it... we relate to the resource persons because they see things from our point of view...

logon ka shiksha

.....

“My lenses through which I see children have changed. The methods, discussion and technology that has been used has been really interesting. We have been given a space to share.”

“Now I just don’t want to look at performance, I want to understand their inner-voices, the contexts that they come from, the experiences they had, the emotions they feel because of which they behave a certain way. This training has totally changed my perspective of how I see children.”

‘DMHP staff have particularly appreciated the focus on the practical application of the theoretical concepts. Consistent feedback has been that the methodologies used in the training, including film viewing and discussions, case studies, technology-assisted activities and quizzes, and homework assignments,

A poem (by a teacher): beginning with “Badi Duvida hui ek baari-...School aur Training kaise saath laga payenge”, and ending with “Koshish karenge ek nayi bonding ke saath hum aage aayenge...Society le liye kuch behtar hum bhi kar payenge...Rapport Building karte hue, Context dekhte hue, Non-Judgemental rehte hue...In choti kaliyon ko bachane ki puri koshish karenge”.

I have been working with children for 25 years but the content and context that you provided, it is also for experienced people like us. There was content and seriousness in the sessions, case studies, involvement of the participants, breakout rooms, role plays, videos it has helped us a lot.”

...Voices from the field



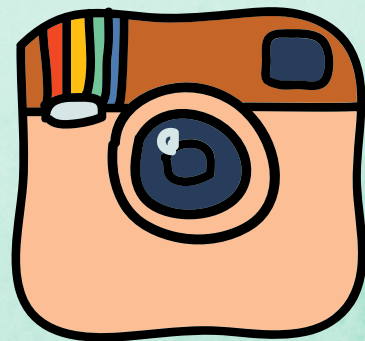
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**NIMHANS Child Protection and
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SAMVAD



Support, Advocacy & Mental health interventions for children in Vulnerable circumstances And Distress

(A National Initiative & Integrated Resource for Child Protection, Mental Health, & Psychosocial Care)

Dept. of Child and Adolescent Psychiatry, NIMHANS, Bangalore

Supported by, Ministry of Women & Child Development, Govt. of India