

Community Child & Adolescent Mental Health Service Project

Dept. of Child & Adolescent Psychiatry, NIMHANS

In Collaboration with Dept. of Women & Child Development, Govt. Of Karnataka

Developmental Assessment for Children (Aged 3- 6 years)

A. Basic Information

Name of Child:

Date:

Sex:

Age:

Name of the Institution:

B. Institutional history (How/why/ at what age the child came to the institution, including family history)

C.1. Medical Problems/ Sensory deficits:

C.2. Any other information/OBSERVATIONS reported by the caretaker reported by the caretaker(Any emotional/behavioural problems)¹

D. Developmental Functions/ Skills Checklist

Developmental Functions and Tasks				Ability to Perform Developmental Functions and Tasks		
				To high Extent	To Some Extent	To Low extent/Not at all
Sl no	1.Physical Development					
	1.1. Motor Skills					
a.	3- 4 yrs	Able to climb stairs one foot at a time.	T/A			
b.		Stand briefly on one foot	T/A			
c.		Can run	T/A			
d.		Can hop using one foot	T/A			
e.		Kick/ throw and catch a ball	T/A			
f.		Can pick up small objects and place them elsewhere (such as coins, beads)		T/A		
g.						
h.	5-6 yrs	Stands on one foot for longer duration	T/A			
i.		Hops using both the legs	T/A			
j.		Able to colour within the lines.	T/A			
k.		Can copy simple patterns such as circle, square	T/A			
l.	1.2. Self Help skills					
m.	3- 4 yrs	Can eat with a spoon/hand	S			
n.		Can undress themselves (button large buttons on their own)	T/A			
o.		Goes to toilet during day time with some help	S			
p.	5-6 yrs	Can feed self independently	S			
q.		Can dress and undress independently	S			
r.		Can go to toilet independently	S			
	2.Speech and Language Development					
a.	3- 4 yrs	Says his/her names	T/A			
b.		Answers simple questions (what did you eat today? what do you like to play?)	T/A			
c.		Can speak complete sentences(3-4 words)	T/A			
d.		Names 3 common objects if pointed to	T/A			
e.		States what action is being performed when a picture is shown	T/A			
f.	5-6 yrs	Able to describe pictures/events/tell small stories	T/A			
g.		Can recite a simple 2-3 line nursery rhyme	T/A			
	3. CognitiveDevelopment					

¹In case emotional/behavioural/trauma related issues were reported, further assessment and interventions need to be carried out using play therapy methods.

a.	3-4yrs	Comprehends and executes simple instructions (shut the door, brings object as asked)	T/A			
b.		Identifies sizes/ age (big-small, younger-older)	T/A			
c.		Identifies at least 4-5 body parts (can name/ point)	T/A			
d.		Can name/identify some common fruits/vegetables/animals	T/A			
e.	5-6 yrs	Identifies functions of objects (such as telephone, glass of water, vehicle)	T/A			
f.		Able to sort/ differentiate between colour and shapes	T/A			
4.Social Development						
a.	3- 4 yrs	Recognizes family members/ familiar people like teacher	T/A			
b.		Recognizes spaces (kitchen/bathroom/street) and their function	T/A			
c.		Plays cooperatively with other children	S			
d.		Understands rules of simple games (passing a ball or taking turns)	T/A			
e.	5-6	Is aware of gender	T/A			
f.	yrs	Can enumerate routine/ daily activities	T/A			
5. Emotional Development						
a.	3-4yrs	Can recognize common emotions (when pictures of faces are shown)	T/A			
b.		When upset/ frustrated, can be easily comforted	T/A			
c.	5-6 yrs	Able to describe emotions in simple situations and ascribe causalities to emotions	T/A			
d.		Ability to report emotions (when do you cry/when are you happy?)	T/A			
e.		Helpful and caring of other children (shares toys/ comforts others when hurt or crying)	S			

D. Service Provider's Interpretations/ Summary