

Community Child & Adolescent Mental Health Service Project
Dept. of Child & Adolescent Psychiatry, NIMHANS
Supported by Dept. of Women & Child Development, Govt. Of Karnataka
Developmental Assessment for Children (Aged 1-3 years)

A. Basic Information

Name of Child:

Date:

Sex:

Age:

Name of the Institution:

B. Institutional history (How/why/ at what age the child came to the institution. If available, mention details of child's family.)

C.1. Medical Problems/ Sensory Needs & Issues:

a) Are there any behavioural indicators to suggest visual impairment? (One or both eyes consistently turn in or out Persistent tearing, eye drainage, or sensitivity to light and droopy eyelids; Has difficulty calming self, cries for long periods of time, does not react to new environments and people

b) Hearing Impairment? (Does not turn head to locate sounds by 4 months, does not respond to general sounds; does not follow instructions given from the back or when the speaker's face is not visible; asks for repetition of instructions; turns one side of head towards to the speaker; has running ear or waxy ear.),

c). Likes to maintain odd postures? (Does no Seems very stiff, tight muscle, seems very floppy, like a rag doll, head still flops back when body is pulled to sitting position (by 5months still exhibits head lag, can't crawl Drags one side of body while crawling (for over one month) Cannot stand when supported, has difficulty getting objects to mouth, does not sit steadily by 10 months, doesn't push down with legs when feet are placed on a firm surface by 4 months.)

C.2. Any other information reported by the caretaker/ your own observations of the child with regard to emotional and behavioural problems¹

D. Developmental Functions/ Skills Checklist

¹ In case emotional/behavioural/trauma related issues were reported, further assessment and interventions need to be carried out using play therapy methods.

Developmental Functions and Tasks				Ability to Perform Developmental Functions and Tasks		
				To high Extent	To Some Extent	To Low extent /Not at all
SI no				1.PHYSICAL DEVELOPMENT		
a.	1-2 yrs.	Climbs onto and down from furniture unsupported (16-24 mos.)	T/A			
b.		Pulls toys behind him while walking and Carries large toy or several toys while walking (13-16 mos.)	T/A			
c.		Begins to run stiffly (16-18 mos.)	T/A			
d.		Walks up and down stairs holding on to support (18-24 mos.)	T/A			
e.		Can open doors by turning knobs (18-24 mos.)	T/A			
f.		Can drink from open cup, with some spilling (18-24 mos.)	T/A			
g.		Scribbles spontaneously (14-18 mos.)	T/A			
h.		Turns over container to pour out contents (12-18 mos.)	T/A			
i.		Starts to feed self with spoon, with some spilling (18-24 mos.)	T/A			
j.		Builds tower of four blocks or more (20-24 mos.)	T/A			
k.		Completes simple knobbed wooden puzzles of 3 to 4 pieces (21-24)	T/A			
l.		Goes to toilet during day time with some help (36)	T/A			
m.		Can feed self if mixed and given (3 years)	T/A			
n.	2-3 yrs.	Walks down stairs alone, placing both feet on each step	T/A			
o.		Walks upstairs alternating feet with support (24-30 mos.)	T/A			
p.		Swings leg to kick ball (24-30 mos.)	T/A			
q.		Runs easily (24-26 mos.)	T/A			
r.		Pedals tricycle (30-36 mos.)	T/A			
s.		Bends over easily without falling (18-24 mos.)	T/A			
t.		Makes vertical, horizontal, circular strokes with pencil or crayon (30-36 mos.)	T/A			
u.		Turns book pages one at a time (24-30 mos.)	T/A			
v.		Builds a tower of more than 6 blocks (24-30 mos.)	T/A			
w.		Draws circle or identifiable shapes (30-36 mos.)	T/A			
x.		Can pull pants down with help (24-36 mos.)	T/A			
		Screws and unscrews jar lids, nuts, and bolts (24-30 mos.)				
y.		Turns rotating handles (door knob) (24-30 mos.)	T/A			

2.SPEECH AND LANGUAGE DEVELOPMENT

a.	1-2 yrs.	Says “no” with meaning (14-18 mos.)	T/A			
b.		Follows simple, one-step instructions (18-24mos.)	T/A			
c.		Says 4-5 meaningful, single words (14-18 mos.)	T/A			
d.		Points to object or picture when it’s named for them (18-24 mos.)	T/A			
e.		Repeats words overheard in conversations and uses two-word sentences (18-24 mos.)	T/A			
f.	2-3 yrs.	Uses pronouns (I, you, me, we, they) (24-30 mos.)	T/A			
g.		Understands simple sentences (24-40 mos.)	T/A			
h.		Can say name, age, and sex (36 months)	T/A			
i.		Uses words to communicate wants and needs (30-36 mos.)	T/A			
j.		Knows simple rhymes and songs (30-36 mos.)	T/A			
k.		Understands prepositions like on, in, under, out, up (24-36 mos)	T/A			

3. COGNITIVE DEVELOPMENT

a.	1-2 yrs.	Will listen to short story book with pictures (15-20 mos.)	T/A			
b.		Identifies two to three body parts (14-18 mos.)	T/A			
c.		Begins to sort shapes and colours (20-24 mos.)	T/A			
d.		Begins make-believe play (20-24 mos.)	T/A			
e.	2-3 yrs.	Makes mechanical toys work (30-36 mos.)	T/A			
f.		Matches an object in hand or room to a picture in a book (24-30 mos.)	T/A			
g.		Sorts objects by color (30-36 mos.)	T/A			
h.		Completes puzzles with 3 or 4 pieces (24-36 mos.)	T/A			
i.		Recognizes and identifies common objects and pictures (26-32 mos.)				
j.		Knows several body parts (24-36 mos.)	T/A			
k.		Understands concept of “two” (26-32 mos.)	T/A			

4.SOCIAL DEVELOPMENT

a.	1-2 yrs.	Imitates behaviour of others, especially adults and older children.	T/A			
b.		Enjoys playing with other children	T/A			
c.	2-3 yrs.	Uses the word “mine” often	T/A			
d.		Begins to follow simple rules of play	T/A			

5. EMOTIONAL DEVELOPMENT

a.	1-2 yrs.	Demonstrates increasing independence by wanting to do things on their own (18-24 mos.)	T/A			
b.		Begins to separate more easily from parents by 2 years)	T/A			
c.		Begins to show defiant behaviour (18-24 mos.)	T/A			
c.	2-3 yrs	Objects to major changes in routine, but is becoming more compliant	T/A			
d.		Says “no” but will still do what is asked (24-36 mos.)	T/A			
e.		Expresses a wide range of emotions such as joy, sadness, anger	T/A			

Child's drawing of shapes

Stimulus

copying

D. Service Provider's Interpretations/ Summary (incl. Recommendations & Care Plan)